

Department of Veterans Affairs, Employee Education System

and

Office of Mental Health and Suicide Prevention- MIRECC

Present

**Cognitive Behavioral Therapy for the Treatment and
Prevention of Psychosis**

VA TMS Item 131000844

Purpose Statement

The options for evidence-based care for Veterans with psychosis at VA are limited. The need for training for healthcare teams is apparent from requests from the VA Workgroup on Recent Onset Psychosis, local recovery coordinators, and providers who work with Veterans with psychosis. Only a few VA sites offer Cognitive Behavioral Therapy for the Treatment and Prevention of Psychosis (CBTp) as part of routine care. Increased use of CBTp nationally can result in improved psychosocial functioning for Veterans with psychosis and reduced distress caused by psychotic symptoms and self-stigma. This live, knowledge-based webinar will provide healthcare teams with background information on CBTp and review the CBTp manual.

Target Audience

The target audience for this activity consists of psychologists, physicians, social workers, and counselors.

Outcome/Objectives

At the conclusion of this educational program, learners will be able to:

1. discuss CBTp history and current state;
2. explain theoretical models of psychosis and CBTp;
3. discuss key principles of CBTp;
4. identify session structure of CBTp;
5. describe the cognitive model of delusions and interventions for delusions; and
6. describe the cognitive model of hallucinations and interventions for hallucinations.

Registration/Participation in the Activity Procedure

1. Length of course: 11 hours
2. Review EES Program Brochure
3. Attend and participate in 100% of program activity
4. Complete Program Evaluation **no later than 2/5/2022**.

Instructions for Completing Registration in TMS

Registration: It is essential that you use the course link and follow the instructions below to register for Cognitive Behavioral Therapy for the Treatment and Prevention of Psychosis in TMS prior to the session.

[Cognitive Behavioral Therapy for the Treatment and Prevention of Psychosis](#)

Instructions for Registration:

1. If you **have not registered** for the course:
 - a. Control-Click on the Item Link above.
 - b. Log in to TMS.
 - c. On the right side of the page there are three buttons: “Assign to Me”, “Start Course” and “Register Now”.
2. Select the “**Register Now**” button.
3. After you select “Register Now”, all your offering choices will appear. Select the time/date that works with your schedule.

(NOTE: If you select “Add to Learning Plan” option, this will add the training to your My Learning pod, but it does not register you for the training. You will then need to Register Now and register.)

4. After clicking on the “Register Now” button, the date, time and location for the scheduled offering will appear.
5. Select this program by clicking on the “Register Now” button to the right of the offering.
6. On the next page, add the accreditation you would like to receive from the dropdown – “Accredited Requested.” Then click on the “Confirm” button on the upper right side of the page. This will register you and add the training to your My Learning/No Due Date and you will receive an enrollment email confirmation from TMS.

Instructions for Verification of Attendance

1. Log in to TMS
2. If you have not registered for the course, you will need to do so
3. When the program is over, find the course in your **My Learning** pod
4. Click on Start Course or Continue Course button to the right of the course title
5. Look for the link titled “Confirm Attendance”
6. Before clicking on this link, be sure you have completed all links before “Confirm Attendance”
7. Click on Confirm Attendance
8. A new window will open and say ‘Thank you! Your attendance is now confirmed. Please close window’
9. Click “Close Window”
10. You have now verified your registration for this course, and should see a green check mark and completion date next to the “Confirm Attendance”

Instructions for Completing Evaluation in TMS to Access Accredited Certificate

Please note: Program evaluations must be completed within 30 days of the conclusion of the program in order to receive a program certificate

After the program is over, you must complete the self-certification in TMS. If you did not register for the program, the TMS administrator will reconcile the registration list and mark you complete. You must still complete the evaluation before you can receive your certificate.

1. Log in to TMS
2. Locate the course on your My Learning
3. **For Enduring Material:** Click on Continue Course
4. **For Enduring Material:** Be sure you have completed all the objects
5. **For Enduring Material:** Click on the Self-Certification and self-certify, if appropriate
6. Locate the pending evaluation on your My Learning in the Due Later section, under course title.
7. Click on “Start Course Survey”.
8. Complete evaluation content and click “Submit”.
9. Click “Return to Online Content Structure.”
10. Follow the below instructions to access your accreditation certificate.

To access your accredited certificate in TMS, please follow the steps below:

1. From the Home screen in TMS, click on “My History.”
2. Hover the mouse over the title of the program, and click “View Details” in the popup window that appears. DO NOT click on the “Print Certificate” here – this will give you the generic TMS certificate.
3. In the Completed Work Details screen, you should see a section named “Accreditation Details.”
4. Click the “Print Accredited Certificate” button next to your requested Accreditation.

Your Accredited certificate should appear on the screen for you to save or print.

Accreditation/Approval

The accreditation organizations for this course are listed below.

Joint Accreditation for Interprofessional Continuing Education (JA IPCE)



In support of improving patient care, VHA Employee Education System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Accreditation Council for Continuing Medical Education (ACCME)



The VA Employee Education System is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

National Board for Certified Counselors (NBCC)



The Veterans Affairs Employee Education System is an NBCC-Approved Continuing Education Provider (ACEP™) Provider #5927 and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Designation of Continuing Education

Joint Accreditation for Interprofessional Continuing Education (JA IPCE)



This activity was planned by and for the healthcare team, and learners will receive 11 Interprofessional Continuing Education (IPCE) credits for learning and change. (JA IPCE might not be recognized by all state boards. Please also print your accredited certificate for your professional practice for re-licensure purpose.)

Accreditation Council for Continuing Medical Education (ACCME)



The VA Employee Education System designates this live activity for a maximum of 11 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

ACCME non-physician certificate option (ACCME-NP)

This course provides *Category 1 AMA Physicians Recognition Award*™ CME credit (ACCME) for physicians. **ACCME – NP (or ACCME-Non-Physician)** may be used to provide attendees other than MDs, DOs a certificate that documents their attendance, and indicates that the accredited provider offered *Category 1 AMA Physicians Recognition Award*™ CME credit for the course or activity. ACCME – Non-Physician refers to healthcare professionals other than physicians.

American Psychological Association (APA)



The Veterans Health Administration, Employee Education System is approved by the American Psychological Association to sponsor continuing education for psychologists. The Veterans Health Administration, Employee Education System maintains responsibility for this program and its content.

This activity is approved for 11 hour(s) of continuing education credit.

New York State Education Department (NYSED) State Board for Psychology

Veterans Health Administration, Employee Education System (EES) is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0144. Psychologists will receive 11 continuing education clock hours for participating in this course.

Association of Social Work Boards (ASWB)



As a Jointly Accredited Organization, VHA Employee Education System is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VHA Employee Education System maintains responsibility for this course. Social workers completing this course receive 11 Clinical continuing education clock hours.

New York State Education Department (NYSED) Social Work Board

The Department of Veterans Affairs, Employee Education System SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0065.

Social workers will receive 11 continuing education clock hours for participating in this course.

National Board for Certified Counselors (NBCC)



The Veterans Affairs Employee Education System is an NBCC-Approved Continuing Education Provider (ACEPTM) and designates this approved activity for 11 clock hour(s).

Statement of Participation

A certificate of completion will be awarded to participants and accreditation records will be on file at the Employee Education System. In order to receive a certificate of completion from EES, you must register in the TMS, attend 100% of the program and complete the evaluation as directed, and then: go into your Completed Work, hover over the title, and choose View Details to print your accredited certificate.

Report of Training

It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Program Schedule: Day 1

Time	Topic/Title of Content	Faculty
9:45 – 10:45am	Overview of CBTp, history, and research	Yulia Landa Dimitri Perivoliotis
10:45 – 11:00 am	Treatment planning, recovery coaching	Dimitri Perivoliotis
11:00- 11:15	Break	
11:15-12:30 pm –	Working with delusions	Yulia Landa
12:30 – 1:30 pm T	Lunch	
1:30 – 2:30pm	Working with hallucinations	Yulia Landa
2:30 – 3:30pm	Working with negative symptoms	Dimitri Perivoliotis
3:30 – 3:45pm	Break	
3:45 – 4:15	Working with thought disorder	Yulia Landa
4:15-4:30	Summary Question and Answer	Yulia Landa Dimitri Perivoliotis
4:30pm	Adjourn	

To learn more about EES and its programs, products and services, visit vaww.ees.lrn.va.gov (VA Intranet) or contact
EES Accreditation Unit at EESAccreditationAll@va.gov

Program Schedule: Day 2

Time	Topic/Title of Content	Faculty
9:30 – 9:45am	Review and questions from Day 1	Yulia Landa Dimitri Perivoliotis
9:45 – 10:00 am	Overview of the course of treatment	Yulia Landa Dimitri Perivoliotis
10:00 am – 11:00 am	Working with manual: Session 1-4	Yulia Landa Dimitri Perivoliotis
11:00 am-11:15	Break	
11:15am – 12:30 pm	Working with the manual: Sessions 5-9	Yulia Landa Dimitri Perivoliotis
12:30 – 1:30pm	Lunch	
1:30 – 3:30pm	Working with the manual: Sessions 10-15	Yulia Landa Dimitri Perivoliotis
3:30 – 3:45pm	Break	
3:45 – 4:15 pm	Logistics	Shirley Glynn
Time	Topic/Title of Content	Faculty
4:15-4:30 pm	Summary Question and Answer	Yulia Landa Dimitri Perivoliotis Shirley Glynn
4:03pm	Adjourn	

To learn more about EES and its programs, products and services, visit vawww.ees.lrn.va.gov (VA Intranet) or contact EES Accreditation Unit at EESAccreditationAll@va.gov

Faculty and Planning Committee Listing

* Denotes planning committee member

+ Denotes faculty

<p>*Matthew Dobbs, MA Clinical Research Coordinator James J Peters VA Medical Center Bronx, NY</p>	<p>*+Shirley Glynn, PhD Psychologist West Los Angeles VA Medical Center Los Angeles, CA</p>
<p>+ Yulia Landa, PsyD, MS Psychologist and Fellowship Director VISN 2 MIRECC James J Peters VA Medical Center Bronx, NY</p>	<p>*Nicole D. Lopez, M.S. Health Care Education Specialist VHA Employee Education System Salt Lake City, UT</p>
<p>*Anna Lui, MSW, LCSW Health Science Specialist Greater Los Angeles VA Healthcare System Los Angeles, CA Planning Member for ASWB and NYSED-SW</p>	<p>*Steven Marder, MD Psychiatrist and Director VISN 22 MIRECC West Los Angeles VA Medical Center Los Angeles, CA Planning Member for ACCME</p>
<p>*+Noosha Niv, PhD Psychologist and Education Director VISN 22 MIRECC Tibor Rubin VA Medical Center Long Beach, CA Planning Member for APA and NYSED-P Planning Member for NBCC</p>	<p>+Dimitri Perivoliotis, PhD Psychologist VA San Diego Healthcare System San Diego, CA</p>

EES Program Staff

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Deadline Date

Please register two weeks in advance of the activity. For tardy registration requests, please contact the EES Program Staff listed above.

Cancellation Policy

Those individuals who have been accepted to attend and need to cancel: log into TMS, hover over the registered title and withdraw themselves at least two weeks prior to the program.

Accessibility Statement: (Reasonable Accommodation)

The U.S. Department of Veterans Affairs (Employee Education System) is committed to providing equal access to this meeting (or event) for all participants. If you need alternative formats or services because of a disability, please contact your EES Program Staff two weeks in advance of the activity.

Disclosure Statement

The VA Employee Education System (EES) must ensure balance, independence, objectivity, and scientific rigor in all of its individually sponsored or jointly EES sponsored educational activities. All prospective faculty and planning committee members participating in an EES activity must disclose any relevant financial relationship or other relationship with: (a) the manufacturer(s) of any commercial product(s) and / or provider(s) of commercial services discussed in an educational presentation, and (b) any commercial supporters of the activity. All financial relationships include, but is not limited to, such things as personal receipt of grants or research support, employee or consultant status, stockholder, member of speakers' bureau, within the prior 24 months. EES is responsible for collecting such information from prospective planners and faculty, evaluating the disclosed information to determine if a relevant financial relationship is present and, if a relevant financial relationship is present, to mitigate such relationship. Information regarding such disclosures and the mitigation of the relevant financial relationship for planners and faculty shall be provided to activity participants. When an unlabeled use of a commercial product or an investigational use not yet approved by the FDA for any purpose is discussed during an educational activity, EES shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

The faculty and planning committee members reported that they had no relevant financial relationships with ineligible organization in any amount that occurred within the past 24 months that create a conflict of interest.

This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.

* The ACCME defines "relevant financial relationships" as financial relationships in any amount occurring within the past 24 months that creates a conflict of interest.

Relevant Financial Relationships Mitigation – Applicable only if a relevant financial relationship was identified

Identified Relevant Financial Relationship:

Dr. Stephen Marder has reported that he is a Consultant for Lundbeck, Sunovion, Merck, Boehringer, Roche for the past 12 months.

Mitigation of Relevant Financial Relationship

There is no conflict of interest as Dr. Marder is a planner and is not presenting nor was he involved in the development of the workshop curriculum.

Identified Relevant Financial Relationship:

Dr. Perivoliotis has reported he is Author of psychotherapy book, "Recovery-Oriented Cognitive Therapy for Serious Mental Health Conditions" Guilford Press- 2020-Present.

Mitigation of Relevant Financial Relationship

The book is about recovery-oriented cognitive therapy (CT-R), but this training is about cognitive behavioral therapy for psychosis (CBTp), which is the original, traditional form of the therapy, whereas CT-R is a newer adaptation/extension. Dr. Perivoliotis will not advise that the participants purchase his book.

All other faculty and planning committee members reported that they had no relevant financial relationships with ineligible organizations in any amount that occurred within the past 24 months that create a conflict of interest.